



LSO

Model 184-00511700

Application Instructions

1. On both the left and right the sides, remove the overlapping fabric panels.
2. After taking measurements of the patient's waist size, reattach both the left and the right side panels at the equivalent size markers.
3. Following the completion of sizing, align the posterior back panel on the center of the patient, ensuring the bottom of the removable posterior panel is positioned slightly below the SI Joint.
4. While applying moderate pressure, secure the right lateral side panel on top of the left lateral panel.
5. Use the rubber pull tabs located at the ends of the left and right strings and pull on them until the desired support is achieved.
6. Once desired support is reached, attach the left pull tab and the right pull tab to the front of the brace.

Sizing Chart

Size O	Size 1	Size 2	Size 3	Size 4	Size 5	Size 6	Size 7
22"-32"	31"-37"	36"-40"	39"-43"	42"-46"	45"-49"	48"-52"	51"-55"

Intended Purpose

The purpose of this device is to impose limitations on the movement of the lumbosacral spine.

Indications

The TalarMade LSO can be used for preoperative, postoperative, and nonoperative care. It can also be used for managing various conditions such as herniated or bulging discs, spondylolysis and spondylolisthesis, post laminectomy syndrome, deconditioned trunk musculature, ligament sprains and muscle strains, degenerative disc disease, osteoarthritis, SI joint dysfunction, stenosis, degenerative joint disease, facet syndrome, and other forms of localized pain.



Contra-indications

Patients who have swelling of lymphatic tissue caused by circulation problems or who are allergic to any of the materials used in the brace should refrain from using the brace. Additionally, individuals who are not medically authorized to wear a brace should also avoid using it.

Warnings and Precautions

Before applying this device, it is important to carefully read and follow the instructions provided. Adequate training is required to ensure effective and safe use of the device. Note, these instructions are provided only as a general guideline and do not constitute medical advice. It is strongly encouraged that individuals with serious medical conditions seek a licensed healthcare professional for guidance prior to utilizing the product. Proper fitting is crucial for device efficacy. In certain circumstances, this product may be prescribed by a physician.

If any major incident is encountered related to the utilization of this product, please immediately inform both the manufacturer (as indicated on this record) and the appropriate authority in your region.

Cleaning Instructions

To best maintain the item's quality, wash it by hand with mild soap and warm water, then let it air dry. Avoid using bleach or any harsh chemicals.

Material Content: Nylon, Polypropylene, Polyester, Polyurethane foam, ABS, PVC.

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